

Brunswick teen sentenced to prison for stabbing

Sophia Karrina Judd, 18, ordered to serve 3 years for assaulting a 16-year-old girl

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An 18-year-old Brunswick woman on Thursday was ordered to serve three years in prison for stabbing a teen girl she used to be friends with.

Sophia Karrina Judd pleaded guilty on April 8 to one count each of first-degree assault and reckless endangerment for stabbing the other girl, who was 16 years old at the time of the attack on Nov. 18, 2024.

The Frederick News-Post previously reported that the stabbing followed an altercation about text messages that were exchanged between the teens earlier that day.

Originally, Judd was also charged with one count of attempted second-degree murder in connection with the stabbing. Prosecutors agreed not to prosecute her on that charge in exchange for her guilty plea.

For the first-degree assault charge, Frederick County Circuit Judge Joanmarie Raymond Brubaker sentenced Judd to 25 years in prison. For the reckless endangerment charge, Brubaker sentenced Judd to five years in prison.

For both counts, Brubaker suspended all but 18 months of the sentence. She ordered that Judd serve the two 18-month sentences consecutively.

Judd will receive cred-

it for time she has spent in the Frederick County Adult Detention Center since Nov. 19, 2024.

During Judd's sentencing hearing on Thursday, Assistant State's Attorney Samantha Slattery said what happened was "not a momentary lapse in judgment" or "some deranged act of self-defense."

She said the girl who was stabbed three times will have scars on her body for the rest of her life as a result of Judd's actions.

In a victim impact statement, the girl who was stabbed said she felt sorry for Judd. The teen said Judd had a bright future, and she hoped Judd did not ruin it.

The girl told the court that, if things had gone differently, she and Judd might have been able to work through their issues and reconcile later on. She said

she forgave Judd, who she once considered family.

Kush Arora, Judd's defense attorney, noted that Judd has no criminal history and that she has already taken advantage of the counseling and programs available to her in the detention center.

Arora clarified that he was not arguing the stabbing was self defense. But he said there was "unsavory behavior" from both girls, who were planning to meet up and fight one another. He said Judd "took it to another level" by bringing a knife.

Speaking on her own behalf, Judd said "this entire situation weighs very heavy on my heart." She said she was "in a state of turmoil" at the time of the stabbing and that she regrets putting her family through the ordeal.

Both girls' parents also spoke on their daughters'

behalf during the sentencing hearing.

Judd's father said his daughter was adopted from Guatemala when she was 7, and went through public school without any disciplinary problems. He said Judd struggled at times with her identity as an adoptee, but was generally well-liked by her peers.

He said the stabbing was "totally out of character for the Sophia we know and love" and described Judd as "fundamentally, a good person."

The mother of the girl who was stabbed said her daughter felt "betrayed" by Judd, who she had been friends with for a long time.

The girl's mother said she was "enraged" to see Judd enter the courtroom "with a grin on her face, with no evidence or sign of remorse."

While handing down the

sentence on Thursday, Brubaker said Judd appeared the most upset while listening to her father — rather than her former friend — speak about the impact of her actions.

Brubaker said she hopes Judd will think about her father's comments the next time she gets angry and wants to lash out.

Upon her release from prison, Judd will be required to serve five years of supervised probation. She will also be required to undergo mental health evaluation and treatment, and to attend an anger management class.

While she is on probation, Judd will not be allowed any contact with the girl she stabbed.

"This is a really sad case," Brubaker said. "I hope both families are able to heal at this point."